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Volodymyr Anatolijovych Staude



On 29 May 2026, Volodymyr Anatoliiovych Staude, Head of the Rehabilitation Department at the Professor M.I. Sytenko Institute of Spine and Joint Pathology of the National Academy of Medical Sciences of Ukraine and Doctor of Medical Sciences, celebrated his 60th birthday.

The jubilarian was born in Kharkiv; his father was a civil aviation pilot, and his mother taught at Kharkiv Motor Transport College. In 1989, he graduated from Kharkiv Medical Institute with a degree in General Medicine. He began his professional career in 1986 as a nurse in the intensive care unit of Kharkiv Institute of Therapy.

After completing his internship in emergency internal medicine in 1990, Dr. Staude joined the Department of Rehabilitation at the Professor M. I. Sytenko Institute of Spine and Joint Pathology as a physician specializing in therapeutic exercise. In 2005, he completed his specialization in Orthopedics and Traumatology.

Under the supervision of the distinguished scientist Professor Oleksii Ivanovych Prodan, Dr. Staude became the first physician in Ukraine to introduce prolotherapy for the treatment of degenerative spinal disorders. Based on this work, he defended his Candidate of Medical Sciences dissertation in 2005, entitled “Artificial Fibrosis of Ligaments in the Treatment of Degenerative Instability of the Lumbar Motion Segments”. His research demonstrated the effectiveness of treating degenerative spinal instability by targeting the ligaments and surrounding soft tissues. Beginning in 2010, he became the first specialist in Ukraine to focus on disorders of the sacroiliac joints and lumbopelvic pain. The results of this work formed the basis of his doctoral dissertation, “Osteoarthritis of the Sacroiliac Joints: Pathogenesis, Diagnosis, Prognosis, and Treatment”, completed under the supervision of Professor Mykola Oleksiiovych Korzh and defended in 2020. Three years later, he published a monograph on the subject.

Dr. Staude continuously advances both his scientific expertise and clinical practice. He is the author of 128 scientific publications, numerous monographs, and 25 Ukrainian patents. He also regularly presents his research and participates in the World Low Back & Pelvic Pain Congress, the World Coccyx Symposium, and the ESPRM Congress.

Since 2007, Dr. Staude has served as Head of the Rehabilitation Department at the professor M. I. Sytenko Institute of Spine and Joint Pathology. The department he leads has more than 50 years of experience in the use of various traction therapies, massage, and manual therapy for disorders of the spine, sacroiliac joints, and the atlanto-axial and atlanto-occipital joints. Dr. Staude's clinical work covers a broad range of conditions, including musculoskeletal disorders of the temporomandibular joints and coccygodynia.

His development and scientific validation of manual therapy techniques for coccygeal disorders led to his admission to the World Organization of Specialists in Coccygodynia, where he is the only representative from Ukraine.

The jubilarian has been awarded Certificates of Honor in recognition of his many years of dedicated service, outstanding professionalism, and personal contribution to the scientific and organizational activities of the Professor M.I. Sytenko Institute of Spine and Joint Pathology of the National Academy of Medical Sciences of Ukraine (2007), by the Presidium of the National Academy of Medical

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Sciences of Ukraine (2017), and by the Kharkiv Regional State Administration (2026).

Since completing his Candidate of Medical Sciences dissertation, Dr. Staude's research has focused on ligaments and the restoration of their functional properties to improve the load-bearing capacity of the trunk. This work resulted in his joining the Fascia Research Society in 2014, where he established productive collaborations with specialists from various medical disciplines working in this field. Since 2023, he has also been a member of the European Society of Physical and Rehabilitation Medicine, the Ukrainian Association of Orthopaedists and Traumatologists (since 2000), and the Sacroiliac Joint Surgery and Related Research Society (since 2025).

Dr. Staude's broad scientific work is closely integrated with the activities of his department, where he teaches massage courses for physical therapists and manual therapy courses for physicians and physical therapists.

The distinguished scientist is actively involved in the work of numerous professional committees. Since 2023, he has served as Scientific Secretary of the Specialized Academic Council in Orthopedics and Traumatology at the Sytenko Institute of Spine and Joint Pathology. Since 2025, he has also been a member of the Editorial Board of the journal "Orthopaedics, Traumatology and Prosthetics".

From 2023 to 2025, he served as Associate Professor in the Department of Traumatology, Orthopedics, Physical and Rehabilitation Medicine at Kharkiv National Medical University. Since 2025, he has been Professor in the Department of Rehabilitation and Human Health at Stepan Gzhytskyi Lviv National University of Veterinary Medicine and Biotechnologies.

This anniversary marks a significant milestone in life, symbolizing wisdom, professional experience, responsibility, and the respect earned through many years of dedicated work. His professionalism, commitment to his profession, integrity, and humanity serve as an example to colleagues and inspire the sincere respect of all who work with him.

We wish you good health, inner harmony, the warmth of family, the support of your loved ones, and many new reasons for joy and inspiration. May you continue to enjoy inexhaustible energy, well-being, peace, prosperity, and further professional achievements. May your many years of experience, wisdom, and vitality continue to help you realize all your plans for many years to come!

The Staff of the SI "Professor M.I. Sytenko Institute of Spine and Joint Pathology of the NAMS of Ukraine"
The Editorial Board of "Orthopaedics, Traumatology and Prosthetics"

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